

Homemade Persian Cat Food List For The Happiest & Healhiest Cats EVER!





As a Persian cat owner, you've probably wondered what is the best food for your furry friend. Persian cats are slightly different than most breeds since they require a specific diet in order to prevent health issues and to keep their long luscious coats in good condition.

Persian cats need a balanced diet that consists of both wet and dry foods. I recommend feeding wet food in the morning and evening and having a fresh bowl of dry food and clean water available at all times. Protein is also very important for your Persian cat. This can come from various meats including chicken, beef, turkey, fish, rabbit, or pork.

In this post, we will take a deep dive into the best cat food for Persian cats. We will look at the best wet food, dry food, and treats on the market. We will also discuss an ideal diet for Persian cats and how to pick the right food for your cat. Of course, there isn't one "perfect" food for all Persian cats. You should speak to your vet if you have any questions about the right food for your pet.

We hope this post serves as a comprehensive guide so you can make an informed decision about the best cat food for your pet.

Persian Cat Food: The Basics

Before we look at the best cat foods on the market, let's spend some time discussing cat food. We are going to dive into everything you need to know about Persian cat diets before we look at any specific cat food brands.

Harmful Foods for Persian Cats

There are some foods that are toxic to cats. Avoid giving your Persian cat these foods as these can cause health issues.

Chocolate- Most pet owners know that chocolate is dangerous for dogs. But, chocolate is just as toxic to cats. Chocolate contains methylxanthines which can lead to vomiting, diarrhea, seizures, and other scary side effects.

Caffeine- Methylxanthines are also found in caffeine. So, you shouldn't let your cat accidentally drink coffee, soft drinks, or anything else caffeine-based.

Grapes and Raisins- Although it is unclear exactly why grapes and raisins can lead to kidney damage in cats. Within a few hours of consuming grapes or raisins, cats can start throwing up, experience abdominal pain, and have general symptoms of lethargy.

Onions, Garlic, and Chives- These foods can lead to damage to your pet's red blood cells, which can eventually result in anemia. Generally, it takes a large amount of onion, garlic, or chives to cause these results. But, concentrated soup mix or powders can also cause dangerous side effects.

Alcohol- Alcohol is poisonous to cats and can lead to diarrhea, vomiting, difficulty breathing, coma, and death.

Raw Eggs- Consuming raw eggs can lead to salmonella or E. coli poisoning. If a cat eats raw eggs, they can also consume an enzyme that can result in skin issues.

Dog Food- Dog food isn't necessarily toxic for cats, it just isn't healthy for them. Dogs and cats need different amounts of nutrients. Dog food contains a much lower amount of Vitamin A and taurine than cats need. Without these nutrients, cats can develop heart disease and vision issues.

Milk- Although cartoons would lead us to believe that milk is good for cats, this isn't exactly true. Milk isn't toxic for cats, but adult cats often have trouble digesting the lactose in milk. If they drink milk, they might have diarrhea or throw up.

Be aware of these foods that are toxic or dangerous for your cat. Don't feed your cat table scraps. Do your best to keep these foods locked away or out of reach from your cat. If you think your cat accidentally consumed one of these toxic foods, consult your veterinarian right away.

Healthy Foods for Persian Cats

In general, you should avoid feeding your Persian cat table scraps. Commercial cat food (especially the ones included later in the article) is made with the right balance of nutrients your cat needs to stay healthy. But, if you want to give your cat a treat or make your own cat food, there are some "human foods" that are healthy for Persian cats.

Meats- Cats are obligate carnivores, which means they must eat meat to survive. They need a high amount of protein in their diet to stay healthy. Most cat foods are made from meat, but you can also feed your Persian cat chicken, salmon, turkey, beef, or rabbit. Make sure the meat is fully cooked before offering it to your cat.

Wheat and Oats- Your cat might not like the taste of wheat or oats, but these are a safe and healthy food you can offer. Oats are high in B Vitamins and are a great source of energy.

Bananas- Bananas can be offered as a healthy treat to your feline friend. This fruit is high in nutrients like potassium and soluble fiber.

Peeled Apples- Apples, like bananas, are another healthy fruit treat you can serve to your cat. Apples are high in Vitamin C and fiber. Just make sure you remove the skin before serving apples to your cat.

Pumpkin- Pumpkin is a healthy treat that is high in fiber and low in calories. Plus, pumpkin can help ease digestive issues your cat might be experiencing.

Cantaloupe- Cantaloupe is another cat-safe fruit that offers health benefits. The nutrients in cantaloupe can help maintain your cat's eye and skin health.

Spinach- Spinach offers a variety of nutrients, like iron, calcium, and Vitamins C, K, and A. You should only avoid offering spinach if your cat has a history of calcium oxalate bladder stones.

Blueberries- Frozen blueberries are packed with Vitamin C and A. These can be a fun and healthy treat for your feline friend.

If you plan to feed your cat human food, remember to limit the amounts you offer. You should still rely on commercial cat food since this is made with all of the vitamins and minerals your cat needs to stay healthy.

Even if you serve your cat healthy treats, like blueberries or bananas, they can overeat, gain weight, and experience health issues. It is important to serve treats in moderation.

What Persian Cats Need to Eat

Studies have shown that cats need a high-protein diet to stay healthy. This isn't too surprising since we discussed earlier that cats are obligate carnivores. But, what might be surprising is that cats don't need a lot of carbohydrates in their diet.

Traditionally, cat food was made with grains. But, recent studies have shown that cats don't need to eat a lot of carbohydrates. In fact cats are not biologically made to eat carbohydrates. Their bodies don't have the necessary enzymes to break down or process carbohydrates.

If a cat consumes too many carbohydrates, they might develop health issues like digestive problems or diabetes. In order to achieve a healthy, balanced diet you should stick to the following macronutrient breakdown for your cat's diet:

- 52 percent of daily calories from protein
- 35 percent of daily calories from fat
- 12.5 percent of daily calories from carbs

So far we have been discussing *all* cats. You might now be wondering if Persian cats need a special diet.

Yes, Persian cats have unique nutritional needs. You should still follow the above macronutrient breakdown when selecting their food. But, you also need to consider their faces and fur. Persian cats have flat faces, which can make it challenging for them to eat dry food and drink enough water. You might need to serve their food in a wide shallow bowl since they might otherwise have trouble eating their food. Also, look for wet food that provides all the nutrients they need, since they might not get any nutrients from dry food.

Also, Persian cats have long, thick coats. This can make it easy for your cat to get hairballs. Consider selecting food that is specifically designed to help with hairball management.

Check the Ingredients

Before selecting the perfect food for your cat, you should always read the ingredients list. Persian cats can have an allergic reaction to the following ingredients:

- **Corn**
- **Soy**
- **Dairy**
- **Gluten**

If your cat consumes these ingredients, they might start itching, vomiting, or having diarrhea. It is best to avoid feeding your cat these ingredients in the first place.

A few other ingredients you should pay attention to include:

- **Rendered Fat**– if moisture gets in the food bag, it can cause this fat to create harmful bacteria and mold
- **Chemicals & Preservatives**- Ingredients like BHA (Butylated Hydroxyanisole), BHT (Butylated Hydroxytoluene), Ethoxyquin are sometimes banned in human food but allowed in pet foods. These ingredients can lead to cancer or other health issues.

Occasionally, cat foods are recalled if they contain bacteria or other contaminants. Pay attention to any pet food recall made by the FDA. Make sure not to feed your pet any food that might be on the recall list.

The Best Foods for Persian Cats

Now that you know more about nutrition and dietary concerns for Persian cats, let's look at the best cat food on the market. We will take a deep dive into the best wet food, dry food, and treats for Persian cats so you can pick the best option for your feline friend.

Best Wet Food For Persian Cats (USA/CA Based)

Chicken Chow-Meow from Nom Nom Now

Nom Nom Now is a high-quality pet food delivery service. Their cat food is specifically designed to meet the nutritional needs of your feline friend. Nom Nom Now offers two flavors of wet food: Chicken Chow-Meow and Flavorful Fish Feast. Both are high-protein, naturally high in water, and made with ingredients that promote soft stools.

The Chicken Chow-Meow variety is a delicious source of protein, iron, and Vitamin D. It is made with chicken, asparagus, cantaloupe, spinach, and carrots.

Important Nutrition Information:

- Protein: 163g, 56% of calories
- Fat: 42g, 34% of calories
- Carbs: 21g, 10% of calories

PROS:

- Conveniently delivered to your home
- High-protein food
- Made with real foods

CONS:

- Only 2 flavors available
- Only available through online orders
- Kitten-specific food is not available



Learn More

AvoDerm Natural Chicken Chunks Entrée In Gravy

Avoderm is a high-quality wet food that uses the benefits of avocados to promote the nutritional value. Avocados promote healthy skin and coat, immune system, and general health of your Persian. Avoderm uses only real chicken in their chicken chunks in gravy recipes. Chicken is the first ingredient in this wet food. It helps your cat get a healthy diet and build strong muscles. This food is made for all stages of life with a blend of antioxidants, minerals, and vitamins. Avoderm is grain free. They don't use wheat, corn, or soy. There are no by-products, artificial flavors, colors, or preservatives. Avoderm appears to be one of the best wet cat foods on the market. They also have a great selection of flavors. If your Persian decides they don't like one flavor you can try others.

Important Nutrition Information:

- Crude Protein: 10.5% min
- Crude Fat: 2% min

PROS:

- No grain, artificial colors, artificial flavors, or preservatives
- For all stages of life
- Selection of several flavors

CONS:

- Too much gravy compared to chicken chunks
- Cats might not like it

- Not available in the UK

Learn More

Ziwi Peak Lamb Recipe Canned Cat Food

This natural wet food is created to mimic the food a cat would eat in the wild. It is made with fresh meat, organs, bone, and New Zealand green lipped mussels. It isn't made with TSPP, BPA or carrageenan. The main protein source is lamb, which is grass-fed and raised on sustainable farms.

This pate wet food is free from corn, soy, and wheat, potatoes, and fillers. The mussels provide a natural source of chondroitin and glucosamine, which supports joint health.

Important Nutrition Information:

- Crude Protein: 9.5% (min)
- Crude Fat: 6.0% (min)

PROS:

- High-protein formula
- Free from corn, soy, wheat, TSPP, BPA or carrageenan
- Includes chondroitin and glucosamine for joint health

CONS:

- Some cats don't like the flavor
- More expensive than other options on the market
- Some cats don't like pate-style wet food

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Best Wet Food for Persian Cats (UK Based)

Lily's Kitchen Adult Natural Wet Cat Food

Lily's kitchen Everyday Favourites multi pack contains four each of Classic Chicken Dinner, Hunter's Hotpot, Poultry Pie, and Lovely Lamb Casserole. The recipes from Lily's Kitchen are made with natural ingredients that are combined to make a nutritious, balanced meal for your Persian. Made with 65% meat and a balance of moisture, vitamins, and chelated minerals to help with nutrient absorption. This food has no fillers, preservatives, or derivatives. A great choice for your Persian kitty.

Important Nutrition Information:

- Crude Protein 10
- Crude Fats 5.5%

PROS:

- A selection of four flavors
- Natural ingredients

CONS:

- Some cats don't like it
- Possibility of bone fragments in food
- Occasional bad batch of food

[Learn More](#)**Encore 100% Natural Wet Cat Food**

Encore is another great brand by MPM Products. They are also the makers of Applaws wet foods. Encore insists on only the highest quality, human grade meat protein. They use 75% shredded chicken breast. This food is wheat free and hypoallergenic. No artificial flavor or colours had been added and there are no preservatives. Encore is a natural source of taurine and omega 6, which help make your Persian's coat silky. Taurine helps keep your Persian's heart and eyes healthy.

Important Nutrition Information:

Crude Protein 14%

Crude Fat 0.3%

PROS:

- All natural
- High quality, human grade meat protein used
- No additives, Wheat free, and hypoallergenic

CONS:

Some cats might not like it (noted in some reviews)

[Learn More](#)**Applaws 100% Natural Wet Cat Food**

Applaws is a one hundred percent natural wet food for adult cats, this is a complementary cat food so should be fed in addition to another wet cat food and shouldn't be the sole source of your cats wet food. Your adult Persian will get a well balanced, tasty meal or treat with this complementary cat food. The recipes are made with 75% real chicken in the combination flavors with ham and cheese. This natural source of

protein will keep your Persian healthy and active. Applaws is made with natural Omega 3, 6, and taurine, which is vital for maintaining a healthy heart, skin, and a fuller, shinier coat. Taurine helps maintain the heart's function and the health of your Persian's eyes.

Important Nutrition Information:

Chicken Breast

Crude Protein 14%

Crude Fat 0.3%

Chicken Breast with Pumpkin

Crude Protein 13%

Crude Fat 0.2%

Chicken Breast with Cheese

Crude Protein 14%

Crude Fat 1%

Chicken Breast with Ham

Crude Protein 14%

Crude Fat 1%

PROS:

- All-Natural Ingredients
- No artificial colors, flavors, or preservatives
- Natural source of taurine

CONS:

- Some cats don't like this food
- Packaging hard to open without making a mess
- Complementary cat food

[Learn More](#)

Best Dry Food for Persian Cats (USA/CA Based)

Blue Buffalo Basics Limited Ingredient Diet Grain Free, Natural Indoor Adult Dry Cat Food

Blue Buffalo Basics Limited Ingredient dry food is made with indoor cats in mind. It is designed to promote regular digestion and a healthy body weight. This natural cat food is made with whitefish, potatoes, peas, pumpkin and other ingredients your cat will enjoy.

This dry food is also made with a unique blend of antioxidants and minerals that support immune health and other life stage requirements for adult cats.

Important Nutrition Information:

- Crude Protein: 30.0% min
- Crude Fat: 14.0% min

PROS:

- Made with whitefish, pumpkin, and other natural ingredients
- Designed specifically for adult indoor cats
- Made with lifsource bits to support immune healthy

CONS:

- Contains fish oil, which some cats are allergic to
- Higher price point than other options on the market
- Some users said it has a strong smell

[Learn More](#)

Nutro Wholesome Essentials Indoor Adult Dry Cat Food

This wholesome cat kibble is made with brown rice and real chicken. It supports proper digestion and a healthy coat. It is made with non-GMO ingredients and doesn't contain corn, soy, or wheat products.

Nutro only partners with trusted farmers and suppliers so you can know that the ingredients in this dry food are sourced sustainably.

Important Nutrition Information:

- Crude Protein: 33% min
- Crude Fat: 14% min

PROS:

- Made without soy, corn, or wheat
- Promotes healthy digestion and smooth coats
- Made with non-GMO ingredients

CONS:

- The kibble is very hard and might be tough for cats to chew

- Some users complained that the food caused their cats to throw up
- Some cats might not like the flavor

Learn More

ACANA Cat, Protein Rich, Real Meat Premium Dry Cat Food

The ACANA Regionals Appalachian Ranch cat food is high in protein and nutrients. Acana uses ranch-raised beef and buffalo, grass-fed lamb, Yorkshire pork, and freshwater trout. They use not only the meat, but organs, cartilage, and bone to deliver the nutrients your cat needs. Acana cat food is grain free, gluten free, with no potato or tapioca.

This food was designed to mirror cats' evolutionary diets. Each bag contains 75% animal ingredients from five different sources. The other 25% is made up of whole fruits and vegetables that are sourced from regional farms.

Important Nutrition Information:

- Crude Protein: 25% min
- Crude Fat: 20% min

PROS:

- High quality, natural ingredients
- High protein content
- Grain free and gluten free

CONS:

- More expensive than other options on the market
- Some question marks over the quality of some US batches of the product



Learn More

Best Dry Food for Persian Cats (UK Based)

Crave Dry Cat Food – High Protein & Grain-Free

Crave Dry Cat Food is a high-protein, grain-free food for adult cats. Made to support your cat's muscles and to help them live a healthy, natural life. Crave uses no artificial colors, flavors, or preservatives and is grain free. This food is made for your cat's need for meat.

Important Nutrition Information:

- Crude Protein 40%
- Crude Fats 18%

PROS:

- Grain Free
- No artificial colors, flavors, or preservatives

CONS:

- Cats may not like this food
- Some cats with sensitive tummies may regurgitate food

[Learn More](#)**Applaws Complete Natural and Grain Free Dry Cat Food**

Applaws dry cat food is a hundred percent natural and grain free. At Applaws they use only high-quality protein in their recipes. In this flavor selection there is 75% tuna fillet. This food gives your cat the daily nutrition needed to stay healthy. There are no artificial colors, flavors, or preservatives. Applaws dry cat food is great for your cat's daily meal and perfect to supplement with Applaws wet cat food. Added natural taurine helps maintain a healthy heart and eyes, and Omega 6 helps maintain a shiny, full coat.

Important Nutrition Information:

- Crude Protein: 37%
- Crude Fats: 20%

PROS:

- Grain free
- No fillers
- High quality protein
- Good source of Omega 3 or 6

CONS:

- Food may be too rich for some cats
- Recipe may have changed

[Learn More](#)**Encore Complete and Grain Free Adult Dry Cat Food**

Encore Complete Adult Cat Food is 100% natural. They use high-quality, human grade meat protein in their recipes. The grain free, 80% chicken food is a balanced meal for your feline friend. Encore uses no artificial preservatives, flavors, or colors in their food. This recipe contains natural omega 6 that helps keep your cat's coat looking great. Encore hard food is made with limited ingredients. Great to feed with Encore wet food as a supplement.

Important nutrition information:

- Crude Protein 37%,
- Crude Oils & Fats 20%

PROS:

- Complete and Balanced food
- No grain
- Contain Omega 6 for your cat's coat

CONS:

- Complaints that the three packs offer on chicken sometimes only comes as one pack.
- Might be too rich for some cats

Learn More

Best Food for Persian Kittens (USA/CA Based)

Wellness Complete Health Kitten Formula Grain-Free Canned Cat Food

This grain-free wet food is a great option for Persian kitties. It is made with a nutrient-dense formula to support their growing muscles. It provides all the energy your kitten needs to play and explore.

This formula supports five important aspects of kitten health: bright eyes, strong teeth, luscious coats, healthy stomachs, and strong immune systems. Each can is also made with a broth that helps hydrate kittens.

Important Nutrition Information:

- Crude Protein: 11%
- Crude Fat: 7%

PROS:

- Hydrating formula
- Supports 5 aspects of kitten health
- Grain-free formula

CONS:

- Some users had to mix this with gravy for their fussy cat
- Some users complained their kittens had strong-smelling stool after eating this food

- Some kittens might refuse to eat this food

Blue Buffalo Wilderness High Protein Grain Free

Blue Wilderness offers a grain-free dry kitten food that is made with real chicken. It also includes their signature LifeSource Bits which are a unique blend of antioxidants and minerals that help provide the nutrients your kitten needs at this stage of their life.

In addition to chicken, this dry food is made with other natural ingredients like sweet potatoes, peas, and blueberries.

Important Nutrition Information:

- Protein: 40%
- Fat: 20% min

PROS:

- Made with LifeSource Bits
- Includes real food sources like chicken and sweet potatoes
- Grain-free formula

CONS:

- Might make your kitten's stool smell bad
- Higher price point than some options on the market
- Some kittens might not like the flavor

[Learn More](#)

Best Food for Persian Kittens (UK Based)

Wellness CORE Cat Food Dry Kitten

Wellness Core kitten food is all natural. Made with fresh meat as the number one ingredient. This makes sure that the final product is 38 to 44% protein in the final product. This is good for your kitten. The kitten food contains fish, salmon and salmon oil, which promotes brain and eye development. This food contains no grain, but does have antioxidants, vitamins, and minerals for your kitten's immune system. Along with not having grain this food also has no egg or artificial preservatives, flavors, or colors. The recipes are created to be easy on sensitive digestion. The fresh meat taste should make this food palatable for most kittens.

Important nutrition information:

Crude protein: 38-44%

Crude fats: 16%

PROS:

Excellent food for kittens

Good for sensitive digestion

Fresh meat as the main ingredient and a high protein content

A moderate fat content to avoid obesity

Grain free recipes

CONS:

Cats and Kittens might not like it

[Learn More](#)**James Wellbeloved Kitten Food – Turkey**

They use only the finest ingredients for this James Wellbeloved Kitten Turkey food. This ensures you are getting natural nutrition for your kitten. The turkey in this food is easy to digest, which makes this perfect for kittens with digestive disorders. There are no artificial preservatives, flavors, or colors in this food. It is also hypoallergenic. The use of turkey is excellent for avoiding any intolerances like might happen with other foods. James Wellbeloved added omega-3 oils for silky, shiny coats and natural supplements such as chicory, cranberry, and rosemary to help support your kitten's immune system and maintain their urinary tract health. Each ingredient is chosen for its benefit for your kitten. James Wellbeloved avoids using ingredients known to cause intolerance, so the foods don't have beef, pork, wheat or wheat gluten, dairy, eggs, or soya.

Important nutrition information:

- Crude Protein: 33%
- Crude Fat: 21%

PROS:

- Kittens love this food
- Made to avoid any food or ingredient intolerance
- Grain and gluten free

CONS:

Kittens may prefer another flavor

[Learn More](#)**Best Persian Cat Treats (USA/CA Based)**

I'm sure your Persian cat LOVES cat treats as all cats do. If you're feeding them treats then you should potentially reduce the dry or wet food very slightly. You don't want to overfeed your Persian especially if they're neutered as they're prone to putting on weight.

Blue Buffalo Wilderness Grain Free Crunchy Cat Treats

Blue Wilderness makes a protein-rich and grain-free cat treat that doesn't contain any soy or artificial flavors. Each treat is only 1.5 calories and is ideal for cats of any age.

Of course, these treats are only intended for special occasions and intermittent feeding. They should not replace dry food.

Important Nutritional Information:

- 1.5 calories per treat
- Protein: 28% min
- Fat: 12% min

PROS:

- Grain-free
- 1.5 calories per treat
- No soy or artificial flavors

CONS:

- These are harder than some treats on the market
- Some cats might not like the flavor
- Only a few flavor options available

[Learn More](#)

Instinct Freeze Dried Raw Boost Mixers

Instinct Freeze Dried Raw Boost Mixers are intended to be poured on top of your cat's dry food bowl. This grain-free treat is made from farm-raised rabbit. It helps provides nutrients and minerals for picky cats and kittens. This treat supports healthy digestion and luscious coats.

This treat is made with natural ingredients and doesn't include potato, corn, wheat, or grain.

Important Nutrition Information:

- Protein: 40%
- Fat: 15%

PROS:

- Supports healthy digestion
- Doesn't include grain or potato
- No artificial ingredients

CONS:

- Intended as a bowl topper not a traditional treat
- Very hard
- Might cause some cats to throw up

[Learn More](#)

ORIJEN Freeze-Dried Cat Treats

Orijen is a high-protein, nutrient-dense treat made from poultry and fish. This grain-free treat is made from animal products, including organs and bones. This treat is designed for cats of all ages. Since the treats are freeze-dried, this is able to lock in flavor and smell.

Important Nutrition Information:

- Protein: 45%
- Fat: 35%

PROS:

- Made from multiple sources of protein
- Grain-free
- Freeze-dried to lock in flavor

CONS:

- Crumble easily
- Some cats don't like the flavor
- More expensive than some options on the market

[Learn More](#)

Best Persian Cat Treats (UK Based)

Webbox Cat Delight Treat Sticks

Webbox Cats Delight mini sticks are cooked so that they are delicious, moist, and meaty. They are individually wrapped for freshness. These sticks are great to feed any time for a treat. The mini sticks are made with ninety percent fresh meat to help feed your cat a balanced diet. These sticks are packed with variety for you cat so they don't get bored with just one flavor. They come in cheese, salami, liver, and malt. This pack is also a great value. You save money by purchasing a pack of ten rather than just a single pack.

Important nutrition information:

- Crude protein: 33.5%
- Crude fat: 2.7%

PROS:

- Convenient
- Stay moist
- Most cats love them

CONS:

Some cats may not like them

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Dreamies Cat Treats Tub

Dreamies cat treats are a crispy biscuit with a soft inside. This tub contains 350g of treats, which will last a long time. You can give your cat up to 20 pieces per day (or 6 pieces per day for kittens). These treats are made with chicken and are only 2kcal per biscuit. There are no artificial ingredients included in these treats.

Most cats love these treats and once you shake the tub they will come running. The tub is claw resistant so you don't have to worry about your cat breaking into the treats while you aren't home.

Important Nutrition Information:

- Protein: 32%
- Fat: 25%

PROS:

- No artificial ingredients
- Claw-resistant tub
- Made for kittens and adult cats

CONS:

- Some cats might not like the flavour
- Some cats had negative side effects after eating these treats
- Treats can go bad quickly if the tub isn't properly sealed

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Best Food for Senior Persian Cats

Nutro Senior Indoor Cat Dry Food

Nutro offers a dry food formula that meets the unique nutritional needs of aging cats. This dry food is made with brown rice and real chicken from trusted farmers. It doesn't contain soy, corn, or wheat.

This formula includes taurine, which supports heart health in senior felines. It also contains antioxidants for immunity and fatty acids for a healthy coat.

Important Nutrition Information:

- Crude protein: 36%
- Crude fat: 17%

PROS:

- Contains taurine, antioxidants, and fatty acids
- Doesn't contain soy, corn, or wheat
- Helps support heart health in aging cats

CONS:

- Hard kibble which might be challenging for some senior cats
- Contains brown rice which might not be healthy for all adult cats
- Higher price point than some options on the market

Learn More

Blue Buffalo Healthy Aging Natural Mature Dry Cat Food

Blue Buffalo Health Aging is a natural, dry food that is formulated for older cats. Real meat is always the first ingredient. They use high-quality protein from chicken to help your cat have strong muscles. This food does contain whole grains, vegetables, and fruit. It also contains proteins and carbohydrates that are essential to your cat's wellbeing. Taurine is used to help with heart and eye health. This food also has LifeSource bits, a Blue exclusive, that contain a blend of vitamins, minerals, and antioxidants. These are selected by holistic veterinarians and animal nutritionists. This food never contains corn, wheat, soy, chicken or poultry by-products, or no artificial preservative or flavors. This seems to be one of the best foods for your aging kitty to keep them living life to the fullest.

Important nutrition information:

- Crude Protein: 32%
- Crude Fats: 15%

PROS:

- Real meat is the first ingredient
- No artificial flavors or preservatives

- No chicken or poultry by-products

CONS:

- Some cats have adverse reactions to the food. Note: Nothing life threatening, just unpleasant.
- Cats might not like the food.

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Final Thoughts

Before you select the right food for your Persian cat, there are a few things you should think about. Consider their age, personality, health, and activity level. All of these factors will influence which food you select for your feline friend.

Of course, you can always consult with your vet to determine which food is best for your pet.

Persian cats tend to be fussy with their food, so you may need to experiment with a few options before you determine the best choice for your cat. I've found using a different food bowl can also have an effect on how much food your cat eats.

From the choices listed above, we've selected **Nom Nom Now** as the best wet food and Blue Buffalo Basics Limited Ingredient Diet Grain Free, Natural Indoor Adult Dry Cat Food as the best dry food. Both of these options are natural and contain the ingredients your Persian cat needs to stay healthy.

It's very important to have a balanced diet with a good wet and dry food to maintain good health. If you choose any of the cat foods from this post you will be feeding your Persian cat with the best and most high-quality cat foods available.

Make sure to prevent obesity by following a strict cat diet as detailed above. Obesity can significantly shorten a cat's life - sometimes by as much as half when obesity sets in early in life. So, it's important to pay attention to your cat's weight throughout his or her entire life and make efforts to head off obesity and preserve his or her health & happiness by following strict rules.

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