



# DIABETES HACK

**REVERSE YOUR Diabetes  
Type 2 in Weeks**

Your Diabetes Freedom  
Lifestyle

## **“Please Don’t Cut His Leg Off”**

My grandson cried out, tears streaming down his cheeks.

## **Sir, You Fell Into A Diabetic Coma...**

The doctor told me as I blinked my eyes open, confused and scared.

My wife was sitting by my hospital bed holding my hand.

Her eyes were red and she looked worried.

She was pleading with the Doctor...

Please help us. There must be something you can do to save his leg.

I was in a heavily medicated daze. But I could just about make out that the doctor wanted to **amputate my leg**.

**“We’ve done all we can to stabilize him...”**

**the doctor told her,**

**But it looks like it’s too late.”**

I couldn’t believe it. I was hours away from losing my leg to diabetes? I was 59 and had become a proud grandfather for the first time.

I had plans to enjoy my retirement. To spend time with family and travel the world with my wife, Linda. I couldn’t do any of this with one leg.

**My life as I knew it would end in a blink of an eye.**

I'd be in a wheelchair at my son's wedding in a few months' time.

I'd done everything my doctor told me to. And now because I was one of the 30 million Americans with diabetes....

## **This Horrific Disease Was Going To Rob Me Of My Retirement And Put Me In A Wheelchair For Life**

Diabetes had devastated my body and made me a slave to my medication...

The doctor made it clear that my leg needed to be sawn off and the surgical procedure was very risky. There could be complications.

**But what he said next was much worse.**

You fell into a hyperosmolar nonketotic coma.

Your blood sugar level was the highest I've ever seen here when the paramedics brought you in.

It's only because of their quick response that you don't have brain damage.

**What he said next hit me like a ton of bricks.**

We have to be clear about one thing:

**Next Time You Won't Be So Lucky...**

And unless you fix your blood sugar that time could be as soon as next week.

So why am I telling you this?

I'm telling you this because I lived to tell the tale...

## **I Reversed My Type 2 Diabetes And You Can Too...**

And it was all thanks to my adorable 4-year-old grandson, Lucas. He saved my life.

Back then when I was lying in the hospital, about to have my leg amputated, I knew nothing about this deadly disease except to take my medication.

Yet this brush with death was what forced me on the unlikely journey that reversed my type 2 diabetes and changed my life forever.

Since that day, I've discovered the scientific proof that you can reverse your type 2 diabetes.

**In a moment you'll see the evidence with your own eyes.**

You can be sure **it's NOT** what you think.

Forget what you've heard about diabetes when they told you it's caused by:

- Your genetics or your family history
- Your age, your weight or even...
- Eating too much sugar or carbs

The truth, according to a breakthrough American study from the University of Utah, is that the cause of diabetes type 2 is a **tiny lipid molecule** that makes your fat cells go haywire.

## **This Molecule Forces Toxic Fat Cells To Stream Into Your Blood...**

The toxic fat then sticks to your pancreas, liver and heart, suffocating your vital organs and **stiffening your arteries**.

Stay with me for the next few minutes of this short article, because I'm going to reveal how **to target this root cause** of diabetes type 2 with a powerful blend of ingredients.

I'll also show you how the shady powers behind the scenes have **set up a clever trap** to hide this information and **trick you** into taking their meds for the rest of your life.

And I'm going to share **the exact method that reversed my diabetes** and helped me lose 42 pounds of dangerous fat and amaze my friends and family by activating a **diabetes-reversing mechanism** that every one of us has...

Check out my transformation here:

The solution is as simple as consuming a blend of nutrients **that target and reverse** the root cause of diabetes type 2.

Anybody can use this nutritional method.

I guarantee that you can safely use this breakthrough method yourself.

And even if you only succeed in getting your blood sugar under control it'll be worth it.

I was skeptical about trying it myself, but with **death staring me square in the face**, I was ready to try anything. And thank God I did because now I'm free of diabetes...

## **Freeing Myself From Diabetes Allowed Me To Rebuild My Life**

I now have the freedom to do whatever I want.

I have the energy to play with my grandson, to eat delicious meals at restaurants...

I feel energetic and reinvigorated all day long!

And most of all, I'll never have to take my debilitating medication again...

This breakthrough method has now helped 37,839 diabetes type 2 sufferers free themselves from the disease.

**People like William, 64 from Massachusetts who wrote to say:**

Thank you so much for sharing your diabetes type 2 video. I am very glad that I stayed to watch it until the end because with your exact method I was able to free myself of my type 2 diabetes in only 5 weeks.

I used to feel like a burden to my family, scared of dying a miserable death alone, but now I don't even need my meds and I can eat whatever I want, including dessert.

- William

**Or Jessica, 52 from North Carolina who says:**

Hi George. Writing to you from vacation in Hawaii.

The method you shared online helped me to stabilize my blood sugar and lower it to acceptable levels. And that's not all because I also lost 36 pounds and I'm the same size as I was at 29.

I was skeptical about your solution at first but I'm delighted I gave it a try. I'm totally free of the daily pains I had with my diabetes such as horrible side effects from medication and eating tasteless meals.

It transformed my life, saving me a fortune in medical expenses in the process. And all because I was lucky enough find your method.

- Jess

## **You're About To See Exactly How To Reverse Your Diabetes Type 2**

And when you see how these people reversed their type 2 diabetes you'll wish you'd found out about it years ago...

You don't know about this discovery that reverses diabetes because doctors won't talk about it.

- It's not new medication
- It's not a supplement
- It's not a crash diet

It's nothing like that. The simplicity of this solution will surprise you and maybe enrage you.

Pay close attention and read this article until the end because it will be taken down in days and you can't find this information anywhere else.

The 325-billion-dollar diabetes industry is furious about it and has been trying to keep it quiet for years...however...

**The Main Reason To Pay Attention To Everything I Say Is Because What I Am About To Reveal Will Transform Your Entire Life...**

Before we get to how you can reverse your diabetes type 2 for good, I have to reveal some critical information about diabetes that will **shock you...**

Most people think nothing bad will happen to them if they have diabetes. They think they'll be fine if they take their medication.

**Nobody Thinks They're Going To Have A Limb Amputated, Drop Into A Diabetic Coma Or Go Blind...**



## **But that's what this disease does to people like us...**

Most doctors don't tell their patients how **deadly** diabetes type 2 can be... they don't want to worry the public.

But did you know a type 2 diabetic has a **1 in 6 chance** of falling into a diabetic coma?

And did you know that **1 in 4 diabetics have a limb** amputated?

How about losing your eyesight?

Diabetic retinopathy is an eye disease that **degenerates the sight** of 40.3% of diabetics in the USA.

More and more of us each day **fall victim** to the lies of the powerful diabetes industry like I did...

But even if losing your leg is horrific, it gets worse because...

## **Diabetes leads to Blindness, Heart Disease, Stroke, Kidney Failure...**

### **and Even Poor Brain Health ...**

And diabetes increases women's chances of cancer by 27% according to the medical journal *Diabetologia*.

Can you imagine, high blood sugar is like **pouring gasoline on fire** as the death cells take over your body at a phenomenal rate...

**And it doesn't end there because...**

A study published in World Journal of Diabetes found that diabetes increases the risk of severe brain deterioration by 65%.

Some doctors are now calling this brain sickness Diabetes Type 3.

If you've been having trouble with your memory lately, it could be because diabetes is infecting your brain as well as your body.

And what I'm about to say will be more important than ever because...

If you're a victim of this crippling disease you have to know one thing:

**It's not your fault.**

I only found out the truth thanks to a chance encounter with an unlikely medical professor.

If it wasn't for this meeting I'd be six feet under instead of talking to you.

Which is why I had to ask myself....

# **I'll Show You The Scientific Proof Behind This Method That Reverses Type 2 Diabetes In 9 Out Of 10 People And You Can Decide Yourself If It's Worth It...**

And even if you succeed in only improving your blood sugar levels I urge you to give it a try. Because that alone can add a decade to your life.

When you free yourself of diabetes type 2, you will transform your entire life. Just imagine:

- No more worries about horrific, life-ending conditions caused by diabetes...
- No more panic attacks about falling into a diabetic coma and waking up with brain damage...
- No more blowing thousands of hard-earned dollars a year on meds that cause bloating, kidney problems and failure to perform in the bedroom...
- No more waking up from nightmares, drenched in sweat about having your leg hacked off...

The fat will melt away from your frame and you'll improve every single one of your health markers.

In a minute, I'll show you the warning sign you need to watch out for which means you could drop into a diabetic coma at any time, like I did.

Pay close attention because this advice could save your life.

**I'll also show you one common vegetable most people eat almost every day, that's infected with a nasty toxin that's making your diabetes worse, not better...**

Before we get to how you can reverse your type 2 diabetes for good, I should introduce myself.

My name's George Reilly.

I'm 61 years old and work for a large security company near La Crosse, Wisconsin.

I'm a perimeter security team leader and I have 6 guys in my team.

I'm married with 2 grown up sons, Mike and Julian. One grandson, Lucas, and another on the way.

For 18 years I was a patrol officer in the police force. Then one morning as I was out on a bust, my leg was hit by a stray bullet which damaged my kneecap.

I took medical retirement and switched to working private security because I've always felt responsible for the safety of others.

I'm married to my beautiful wife Linda. We enjoy eating out at restaurants and sharing a delicious dessert after our meal such as ice cream with chocolate cake, or warm apple pie.

I'm going to tell you how you can enjoy these foods too, without guilt or worry, and be free of diabetes type 2.

## **Telling My Story Is Deeply Emotional For Me...**

### **But It's Too Important To Keep From You And It Could Save Your Life**

Back in my early 50s, our 2 children had grown up and moved out. We were enjoying a new freedom at that time of our life.

I took my health for granted because I felt fine.

Until one week in early March that year I started noticing some unusual symptoms.

I'd have uncontrollable cravings for sweet buns and desserts like profiteroles.

I'd often be thirsty and feel tired. All this made it difficult to work.

We thought it was fatigue from working shifts but a visit to the doctor's revealed something completely different...

**I was diagnosed diabetic.**

**It caught me by surprise. Like a slap in the face.**

I knew nothing about diabetes but I trusted I was in good hands with my doctor.

From that day on, he prescribed Metformin and I went for monthly check-ups on my blood sugar.

I thought the medication would help my diabetes to get better.

**But instead, it got much worse over the next 5 years.**

My blood sugar levels became more erratic. The tingling in my legs got more bothersome.

Cravings for sweet foods overwhelmed me.

I'm embarrassed to admit **I found it hard** to be intimate with my wife and I packed on over **40 pounds of fat** around my belly and back...

My blood pressure went up. Nerve pains bothered my leg.

My doctor upgraded my medication to Metformin Glyburide but this only gave me a whole new bunch of side effects such as bloating, kidney pains and muscle aches...

You may be noticing these symptoms too...

## **Otherwise Diabetes Could Take His Life...**

As you're about to find out, my grandson's innocent, touching outburst changed our lives forever.

The first 2 days after my discharge from hospital I was like a zombie. I lay around feeling sorry for myself, hardly speaking and contemplating life in a wheelchair.



I kept thinking of my son Julian's wedding coming up in a few months.

Would I still be alive to see him marry his beautiful fiancée from Japan?

I felt physically sick imagining how the wedding photos would look with me in a wheelchair.

Linda tried to pick me up, to give me hope.

But even if she put on a brave face, I knew too well that she was deeply worried.

After all, I was her husband. I loved and took care of her. We had big plans for our retirement. We were proud new grandparents.

All these dreams would turn to dust because of diabetes. My wife would spend her time caring for me. We could kiss goodbye to spending our winters down in sunny Florida.

## **As I lay there on the couch thinking about my future I knew I had 3 choices:**

I could accept this as my fate. I'd lose my leg and spend the rest of my life in misery, a burden to others, broke and unable to walk, travel or live normally ever again.

I could get mad at the world and complain about how medicine had failed me.

I could tell anyone who'd listen that the diabetes industry was a giant fraud and I was a victim.

Or I could choose to fight back and beat this. The thought of my grandson in tears and seeing my wife as sad as I'd ever seen made me mad. And that wasn't right.

So that day I made a vow that I wouldn't rest until I found a solution to my diabetes.

And because I knew people would think I was crazy, I told nobody but my wife.

I had several weeks off work and my first priority was to find out everything about diabetes type 2.

I got to it. I spent 6 hours a day and as many nights passed out in bed with my laptop for the next 2 weeks. I researched medical studies in journals, in libraries and on the internet.

## **What Was Disturbing From My Research Was That Diabetes Type 2 Is On The Increase All Over The World, And Fast...**

In the USA over 30 million of us have diabetes.

Another 84 million are pre-diabetic.

That means over 30% of the population are either pre-diabetic or diabetic, predicted to be 50% in 10 years' time.

**Diabetes is now the biggest health epidemic in the country with a diabetic dying every 6 seconds.**

It's also worth a pretty penny.



Several big pharma companies have been caught red-handed bribing doctors to push their diabetes pills on people who don't need them...

Big pharma butters them up and offers them lucrative deals to promote diabetes drugs at events.

What a racket they'd set up...

I imagined the greedy CEOs laughing as they cashed in their multi-million dollar bonus checks...

Something else I found was that doctors are so busy with diabetics that they quickly prescribe a treatment and move you on.

**Instead, they should be telling you about the deadly risk diabetes type 2 poses to your life...**

For example, one study showed that if you've got diabetes, your risk of heart attack is up to 4 times higher than the average person.

Another found that diabetics are twice likely to have a stroke. And during a stroke, your clogged blood vessels slow blood flow to the brain.

# **Freeman Was Using Research From The University Of Utah To Develop A Powerful New “Phyto Hack” To Reverse Diabetes Type 2 For His Japanese Patients...**

She was surprised I didn't know about it.

This diabetes-reversing method involved no medication, no crash diets and no exercise.

**It activates a powerful mechanism which targets the root cause of the disease.**

Diabetics of all ages were following it from home and reversing their diabetes type 2 in weeks.

And what's more...she had his contact details...

Now, you may think I'd have bitten her arm off to get in touch with this guy...

But I was skeptical.

**After all, which doctor had ever helped me fix my blood sugar?**

I was done with doctors by this point...

But I had nothing to lose so I emailed Freeman's office and left my details...

Then 4 days later I got woken up with a call from his assistant in Japan.

**I'll make this quick, she said...**

**Professor Freeman will be in Chicago next week. If you'd like to see him, he can spare some time for you.**

She made an appointment for Friday afternoon and that day I drove the 4 hours to Chicago, not knowing what to expect.

Freeman was a bright guy, very clear and down to earth. I quickly learned he'd lived and worked in a few different countries.

He had a number of awards for his breakthrough diabetes research in Japan, Dubai and Singapore.

**And his story was interesting...**

His parents had both developed type 2 diabetes when he was in medical school. He'd seen how diabetes had ruined their lives.

The side effects of the medication, the weight gain, the loss of energy. Not to mention the drain on their finances. It was painful for him to watch.

And without needing meds that **damage your kidneys** and cost the earth.

**Let's be clear about one thing George...he told me.**

The true cause of diabetes type 2 is not eating too much carbs or sugar. It's something entirely different

## **Americans Have Decreased Their Consumption Of Both Sugar And Carbs Over The Last 10-15 Years...**

### **Yet Diabetes Type 2 Rates Are Shooting Up Faster Than Ever Before...**

People are trying desperately hard to fix their blood sugar...but they're **doing it all wrong**. Here's why...

Scientists at the University of Utah recently discovered a tiny lipid molecule; a foreign compound called a ceramide which all diabetics have very high levels of...

### **They Discovered That This Toxic Molecule Is The Real Cause Of Diabetes Type 2... Not Carbs And Not Sugar**

These tiny compounds force fat cells to spill into the bloodstream and clog up your vital organs, especially the pancreas, the liver and the heart.

You probably already know that your pancreas is the organ that produces insulin, but when it's clogged up with toxic fat, it can't do its job and secrete insulin.

**And insulin is what tells your cells to absorb sugar and energy from the foods you eat...**

Without insulin, sugar stays in your bloodstream and your blood sugar creeps up and up, eventually leading to diabetes type 2.

This fat streams around the body, sticking to the liver and heart and even clogging the arteries as well...

Which explains why diabetics are at high risk of heart attack and often have fatty livers.

**Now, the problem is that some of us can't flush out foreign compounds like ceramides on our own...**

**This is why some people get diabetes type 2 and others don't.**

Sure, losing some weight can help but it's not enough for most people.

No matter how hard you try to fix your blood sugar, even if you exercise daily and eat next to no sugar and carbs, it's near impossible to reverse diabetes type 2 unless you fix this one thing...he continued.

## **It's Like Trying To Unblock Your Clogged Sink When Someone Is Pouring Cooking Fat Down It Every Night...**

**It's the same as when you try to fix blood sugar:**

If the fat keeps streaming into your blood and clogging up your pancreas it'll never work.

**It's not your fault.**

The good news is we now know how to flush out the root cause of the fat which is this ceramide compound.

When you do that you'll stop fat from entering your bloodstream and clogging your pancreas.

## **You Only Need To Add A Powerful Blend Of Phytonutrients To Your Diet That Target And Destroy The Cause Of This Fat, And Melt It Away**

These phytonutrients are powerful plant compounds that help neutralize foreign agents in the blood, flush out harmful toxins and break down deadly fat cells.

You'll find them in certain fruits and vegetables.

**The most powerful of these plant compounds are:**

Flavonoids

Lignans

Prophenylphenols

These may sound intimidating but really, they're simple medicinal plant chemicals you'll find in foods at grocery stores...

You'll find prophenylphenols in foods like chives, grapes, dark chocolate and cinnamon.

You'll get lignans from eating squash and carrots...

And flavonoids you'll find in celery, parsley and romaine lettuce...

But the key is not to get these foods and just eat them in any order.

## **You'll Need To Combine Them In Specific Amounts And Take Them At Certain Times Of The Day For Them To Work...**

When you do that, you'll create a powerful catalytic effect and increase their potency.

This is what kickstarts the powerful chain reaction to reversing your diabetes type 2.

When you add these nutrients to your diet in these specific combinations, it'll be like you finally get rid of the guy who's pouring fat down your sink every night and blocking it up.

**You unclog your body, clean it out and it starts working perfectly well again, especially your pancreas.**

This sounded good to me but I was a little skeptical. How does it actually work? I asked him.

Well, scientists at the University of East Anglia in England first discovered that phytonutrients are **powerful antioxidants** that first target and flush out the dangerous ceramide compound that causes the fat to clog your organs in the first place...he told me.

Then they melt the nasty white fat deposits by attacking and dissolving the deadly fat cells that sit around your pancreas and belly...

## **When You Add Other Phytonutrients Such As Prophenylphenols And Lignans It Creates A Potent Catalytic Effect That Melts Away Every Last Cluster Of Toxic White Fat Clogging Your Pancreas, Liver And Heart That's Been Causing Diabetes...**

And without exercise...

You'll burn away pounds of belly fat, lower blood pressure, improve cardiovascular health and feel much more energetic.

Then he showed me the results of his clinical trials which were mind-blowing.

## **For Over 9 Out Of 10 Diabetics, The Toxic Fat Around Their Organs Melted Completely, Firing Up The Pancreas And Turning The Liver Into A Fat-Burning Machine...**

It was as though they'd fixed their clogged, broken pancreas and liver with a pressure wash, leaving them clean, shiny and in perfect working order

And with a fully functioning pancreas, **they reversed their diabetes type 2** in a few weeks.

The participants were men and women from all walks of life.



There were 24-year olds right up to 87-year olds. Newly diagnosed diabetics. People who'd suffered for 20 years with the disease and a few cases of advanced prediabetes.

## **His System Was Also Melting Away An Average 21 Pounds Of Excess Body Fat In The First 7 Weeks...**

Most people reaching the 3-month mark had improved every single one of their health markers.

They lowered their blood pressure to healthy levels, improved cardiovascular health, boosted energy levels and even improved their sharpness and speed of thought.

How about the small number of people who didn't fully reverse their diabetes type 2?

The treatment lowered their fasting blood sugar levels to healthy levels of around 125. Meaning their diabetes was finally under full control and low risk.

This, alone added at least 10 years to their lives.

**Why don't we know about this diabetes breakthrough in the US and Canada?** I asked him...

You can find the studies if you look George, but it's not in the media because it's been suppressed by powerful pharma lobbies who are concerned they'd lose billions if this information is made public...he replied.

Then he told he he'd worked for a major pharma company to develop this treatment a few years ago but to his shock, **the research was suddenly shut down** without warning.

## **See, The Problem Was That His Phytonutrient Combination Was So Powerful That It Would Be Capable Of Reversing Diabetes In Tens Of Millions Of People Over The Next 2 Years...**

It would mean the pharma company funding the study would lose hundreds of millions of dollars they pocket from pushing their daily diabetes treatments worldwide.

**Many people believe pharma companies don't want anyone to reverse diabetes type 2 as it's bad for business.**

That's when Freeman understood how it worked:

If a treatment was too good or if results were permanent, they're not interested and **they pull the plug** on the research right away. They're only motivated by profit.

Their drugs are designed to **keep people dependent** on them for life, managing the symptoms without ever fixing the disease.

**At the time, Freeman was frustrated because he had the results to prove he could reverse diabetes type 2.**

Both of his aging parents had reversed their long-term diabetes type 2 by following his simple protocol.

He couldn't keep these results to himself. So, he'd taken it to other countries like Japan and Singapore instead.

And because he knew his system had to be super simple for people to follow...

## **Not Only Did 9 Out Of 10 Of The Participants Reverse Their Diabetes...But They Kept It Away For Good, Even 5 Years On...**

I asked him if the participants had to lower their intake of carbs.

No...replied Freeman.

**Most people increase their carb intake.**

The 3 healthiest communities in the world consume a diet with plenty of carbs and have no diabetes.

**Carbs aren't the real culprit.**

Certain types of modified oils, fake chemicals and even **one dangerous vegetable** most people eat are what you need to avoid.

**Which vegetable is bad for diabetes?** I asked him, shaken by this revelation.

Kale. He replied.

**Then he hit me with results of a shocking new report:**

He said that in the 2019 USDA tests on kale, more than 92 percent of kale samples had two or more pesticide residues detected.

The most frequently detected pesticide is DCPA. And it's classified by the Environmental Protection Agency since 1995 as a possible human carcinogen, and prohibited for use in Europe since 2009.

**It causes inflammation and oxidative damage...**

I was stunned. I'd been eating kale almost every day for the past 8 months believing that it to be super healthy.

## **And All This Time This Healthy Vegetable Had Been Destroying My Body From The Inside...**

And it made me determined to try his solution out, but I needed to know more:

He printed out some sheets of paper and scribbled on them for a few minutes, then handed me a binder.

## **In That Binder Was The Exact Diabetes-Reversing Method That Had Been Perfected For His Patients...**

Try this for 3 weeks. He said.

Then check your blood sugar levels.

I reminded Professor Freeman that I couldn't exercise due to my damaged kneecap.

There's not a single workout in my program. He replied.

**And in fact, I don't recommend that you exercise.**

I was a little confused as I expected that I'd need to do daily exercise and follow a crash diet.

I didn't know I could reverse diabetes with no more than a binder and some handwritten notes on it.

But I trusted Professor Freeman and I felt he was on my side.

**He Wasn't Trying To Push Expensive Meds With Nasty Side Effects On Me Like My Own Doctor Had...**

So, I decided to give it a try.

I thanked him for his time and drove home.

I started the program the very next day and was struck by how **simple and easy to follow** it was.

I could find the ingredients at a couple of local grocery stores.

**The delicious diabetes-destroying shakes made me feel instantly more energetic and lighter.**

It seemed as though they were cleaning me out.

That first night I slept the whole way through and woke up feeling reinvigorated.

I'd usually need 2 coffees to get going each morning but this day I felt restored and more energetic.

**1 week later my fasting blood sugar was down from 287 to 196.**

Next week it was down to 155.

And 3 weeks after starting the program I dipped right down to 123!

**I checked for a couple of days and my fasting blood sugar wavered above 135 a few times.**

Then I noticed Professor Freeman had added a handwritten note saying that I had to eat a little earlier in the evening than I was.

I did what he said and 3 days later my blood sugar levels were down to a healthy 118 and stayed there.

The fat was falling off my frame. My energy levels were starting to soar.

## **I Had Reversed My Diabetes Type 2**

I gave it 2 more weeks then went back to see Doctor Richardson for my tests.

He seemed to be preparing to schedule my amputation and getting ready to give me the bad news.

But his expression turned to confusion, then **outright astonishment** as he looked at my results, then at me then back to my results again.

These numbers are off the charts, he said. Not once has anyone come in here after a few weeks with such a huge improvement.

Congratulations. You now have the fitness levels of a healthy 40-year-old...

**And we can forget about the amputation surgery...**

We'll monitor you but for now you won't be needing the medication anymore.

I nodded my head in agreement without telling him I'd thrown my meds in the trash 2 weeks earlier.

I walked out of there a free man. With the biggest grin ever on my face.

Could you imagine your doctor tells you you're free of diabetes? How wonderful would you feel?

Linda and I hugged each other and cried with happiness.

**Suddenly, my whole life had been transformed.**

I would never have to take meds or prick my finger.

I would never be a burden to my family and friends or have nightmares about diabetic comas or limb amputations again.

I could have a dream retirement with the energy to play with my wonderful grandchildren.

I could go out to restaurants and not have to worry about how tired I would get, or what food I could eat.

Once we saw how much this helped people, we knew we had to go bigger and put together a full program with feedback from our earlier testers and help as many people as we could.

We simply couldn't leave people in the dark, suffering with diabetes type 2.

So, I contacted Professor Freeman and together we worked hard to make the nutrition program super clear and easy to follow.

And because we know that most diabetics miss eating tasty foods...

I got my son Mike to add some delicious flavor to the recipes. He's head chef in a hotel restaurant.

And we added the whole gamut of info below which will benefit every kind of diabetic in every way possible.

With hard work we combined all this life-saving research into one simple nutrition guide.

And we made sure it was super easy-to-follow.



I remember how overwhelmed I felt by all the different advice out there, so we made sure all the hard work was already done.

We made sure it didn't involve much effort, or doing exercise that ruins your joints, or spending a fortune on pointless health foods.

We present it in super-simple videos and manuals so anybody can follow it.

We called it **Diabetes Freedom**, and started sharing it over the internet.

## **Today, people all over the world are using Diabetes Freedom to break free from Diabetes Type 2...**

This simple system is saving lives and transforming the happiness of entire families.

I can't take the credit for the results you'll get because it would never have been possible without the help of Professor Freeman and my family who supported me.

And if you're here now, then I believe you're ready to give it a try too.

I want you to get the same life-changing results that I did.

I want you to be part of this new wave of folks who are reversing their diabetes type 2 and adding decades to their lives.

I want you to be free of type **2 Diabetes**...

So first let me show you what's inside.

We divided the system into the **3 clear steps** that will restart your pancreas function, fix your blood sugar levels, melt fat from your body and help you either hugely reduce or eliminate any need for medication...

## **Step 1: The Pancreas Restart Nutrition Plan**

First up you get the temporary nutrition plan that targets and destroys the white fat cells that are clogging up your insides.

When your pancreas starts to fire again in a couple of weeks, you'll be regulating your blood sugar on your own again, meaning diabetes type 2 goes into remission.

You'll get the exact nutrients that increase your metabolism and burn the white fat as energy.

You'll feel a surge of natural energy light you up as this happens. Your body will feel lighter and your brain clearer.

If you can avoid sodas and bread for a few days, this part is easy.

**You'll also get the five-part video program to beat diabetes which includes:**

The delicious breakfast shakes which target and melt the white fat cells.

The exact meals to eat and when, to incinerate fat around the pancreas and liver.

The carbs you can safely eat, at all times, which means you never go hungry and tired.

- Methods to beat cravings and stay on track easily, meaning the path to reversing diabetes will be a breeze.
- How to detox the liver and flush out toxins for increased energy, better digestion, clearer skin and enhanced memory.
- You'll get the five detox teas that melt fat cells, beat cravings and lower blood sugar in a few minutes.
- You'll get the 7 key fat loss shortcuts that nobody tells you about, because they're much too powerful (hint: it's not keto).
- You'll get the tastiest desserts that you can enjoy without having to worry once about your blood sugar.

And you'll get the secret spice that is proven to lower blood sugar by 30%. Take this before any meal on a cheat day.

Once you've reversed diabetes type 2, you need to make sure it stays away.

## **Step 2: The Metabolism-Boosting Blueprint**

When you increase metabolism, you can melt deadly white fat *and* keep diabetes away.

So in this second step, you'll get several proven 2-minute routines to keep your fat-burning mechanisms burning white fat all day.

You can easily do these short routines from home.

Plus, you'll find out the **3 blood sugar lowering drinks** that you can have to keep your levels healthy if you've indulged yourself on vacation or at the restaurant.

Not only do these proven metabolism-boosting methods balance blood sugar and keep diabetes at bay, they work in the background, clearing your arteries out, lowering blood pressure levels, melting excess fat away and boosting energy.

Now you've increased metabolic rate, you've got to have an added edge that enables you to eat what you like but keeping your blood sugar levels low for good, especially after cheat days.

### **Step 3: Meal-Timing Strategies That Reverse Diabetes Type 2**

The easy to follow video guide shows you what time you can eat certain foods such as carbs and desserts to beat diabetes.

You'll get the schedule of when to eat which foods to keep your blood sugar as stable as you've ever had it.

And that's not all because we've also included...

- The 60 second breakfast trick helps you stay full and beat cravings and increases your energy at the same time.
- The tasty snacks you can safely eat when you feel hungry between meals
- Timing strategies that result in deeper sleep, enhanced energy levels and melting fat from your belly, back, buns and thighs.
- Ever wonder at what time you should eat carbs? How about desserts? It's all in this guide.
- And you'll find some other surprise free bonus programs waiting for you in the members' area.

## **After A Few Weeks Of Following The Diabetes Freedom Program, You Can Say Goodbye To Pain, Frustration And Fear, And Start Enjoying Life Again Like Before...**

I'd love to give this diabetes-destroying solution away free, like I did to the first few hundred we helped.

But as this website has gone viral and has been shared many thousands of times, I can't cover the running costs anymore.

I need to keep this solution online so that the millions of diabetes sufferers across the world can get the help they need and add decades to their lives as they become free of diabetes type 2.

As long as this website stays live, it will help more and more diabetes sufferers like you.

What would you pay for a clinically proven system that would radically transform your life?

- To restore the freedom of your younger years?
- To lose all that unwanted body fat?
- To save several thousand dollars a year on medication?

Many diabetics would pay 2 or 3 thousand dollars to access a solution they knew would reverse their deadly condition permanently and add decades to their lives.

And it would easily be worth it. Imagine the new freedom you'll have once you're free of diabetes type 2.

Reversing diabetes will transform your whole future. Your health and your finances.

Professor Freeman recommended that we sell this breakthrough diabetes type 2 reversing solution for \$997.

But I'm like you, a regular family man. My aim here is not to make money, only to cover my running costs. I'm proud that I had another life purpose. That's good enough for me.

**I want you to feel like you're getting way more value than the small investment you make.**

I'm going to do everything I can and give you the best deal you can imagine.

Which is why I won't price this at even half or a quarter of that amount.

You've got me on a good day.

Take a second and imagine what it'll be like when your doctor tells you you're free and you don't need diabetes medication anymore...

Can you imagine how good that'll feel?

The increase in energy you'll get...

The delicious meals you'll eat out at restaurants...

The feeling of freedom to do what you want.

# That Means That You'll Have Melted The Fat From Your Pancreas And Liver And Reversed Your Type 2 Diabetes, Or You Pay Nothing

If you're ready to make the smartest decision of your life, [click this link](#) and watch this Free video presentation to learn more about how to free yourself from type 2 diabetes...[click here right now!](#)

Some people aren't ready to reverse their type 2 diabetes and experience life-changing benefits. And that's fine.

If that's the way you feel, then feel free to leave this ebook now. This solution isn't for you.

If you are ready **to transform your entire life** then you know that it's time to be free of Type 2 Diabetes.

Click this link now to watch how to live a Diabetes Freedom Lifestyle right now!



## **Let me show you what people I've already helped have had to say about the Diabetes Freedom Lifestyle:**

**Patti from Kansas City, said:**

"It has transformed my life, I had Type 2 diabetes for two to three years before trying this.

"I was on 2 medications which were constantly being increased and the side effects were awful. When I saw the method you were sharing, I had absolutely no hesitation to try it out.

"When the doctors told me that my pancreas was working again, it felt wonderful, absolutely fantastic.

"I'm not diabetic anymore. Sure I get checked out every 2 months but I don't have diabetes. I am so glad I was given the opportunity to try it out."

**Alan from Richmond, Virginia said:**

I was diagnosed with Type 2 diabetes in May 2011 during a routine check-up by my doctor. My family and I couldn't believe because I thought I had no physical symptoms.

"While I didn't feel fat, I was fat -- on the inside. I've since seen a scan of my pancreas and liver and you can see the fat around there.

"I followed the breakthrough nutritional plan for 8 weeks. Even if I didn't believe it would work the pay-off for me - the reversal of my diabetes - was more than worth the effort.

"In the 8 weeks, I dropped a lot of pounds and my pancreas started working normally again. With my diabetes gone, I haven't looked back.

"I eat normal foods though I eat less than I used to, and I eat at restaurants and eat chocolate but not every day. I have maintained my weight lower and it feels great. It has been a total life transformation. In fact, I'm so much happier thanks to this."

Now that you've seen how it worked for them, I want you to see how it works for you.

**[Click below and watch how to get started on a journey to a new life!](#)**

**Now you might be wondering, how soon can you expect to see results?**

Well, in Professor Freeman's first study, they tested people at 2 weeks, and then at 4 then 8 weeks.

By 2 weeks, 85% of participants had significantly lower blood sugar levels than before they began.

At 4 weeks, 73% of participants had normal blood sugar readings.

By 8 weeks, 84% of the participants had reversed their Type 2 Diabetes.

There were even several people reversed diabetes in 11 and 12 days.

# **If You Start Using Diabetes Freedom Today, You Could Be Diabetes Free In Less Than 2 Weeks, Or At Very Least Your Healthy Blood Sugar Levels Will Astonish Your Doctor...**

You'll start off using the delicious nutrition plan.

Plenty of people say they feel lighter, more energetic and even slimmer only 24 hours after starting.

That first night you'll sleep better and wake up feeling restored and invigorated.

**In 1 week from now, you can test your blood sugar levels and already see a noticeable improvement.**

As you reach your 2nd week, the fat should start to melt away from your frame. Your energy levels will light you up and brain fog will lift.

After 3 weeks many people have got their blood sugar down to healthy levels. This is when aches and pains start to subside.

The powerful ratio of nutrients in the plan will be melting the toxic fat around your belly, pancreas and liver.

**Your blood glucose will stabilize at a healthy, normal level.**

You'll be able to talk to your doctor, and see his or her stunned expression when they see how much healthier your blood sugar levels look.

## **If You Start Today, You Could Be Free To Enjoy Life, Free From Worries About Heart Attacks, Strokes, Kidney Damage And Blindness and Astonish Your Friends and Family...**

If that sounds as amazing to you as it has to thousands of other people, then click below to access your copy of **Diabetes Freedom** in 3 minutes time and start your journey to freedom today.

Once you melt the toxic internal fat to restart your pancreas and fix the root cause of your disease, it's goodbye to diabetes.

That's when you check with your doctor if you're ready to stop taking debilitating meds for good.

### **You're at a crossroads right now.**

One path leads to a happy, long and energetic life, where you're entirely free of diabetes type 2.

- No meds, no worries about heart attack or stroke, no loss of eyesight.
- The other path is fraught with danger, attacks from each side, nasty traps that could blow your leg off and medication costs draining your retirement fund.

Which one sounds better to you?

It's no joke that you could lose your leg

It happens to one in four diabetics.

If you feel hot, urinate frequently, have strange-smelling breath or extreme thirst, you could be about to fall into a diabetic coma, like I did.

What will happen if you don't make any changes?

You'll try increasing your meds with no results except dangerous side effects like nausea, weight gain, sexual dysfunction and heart disease.

## **The Increase In Your Chances Of Cancer, Heart Attack, Liver Malfunction And Stroke?**

Sure, you can keep on taking medication.

But medicine doesn't treat diabetes nor does it lower the risk of heart attacks or stroke. It only helps you manage blood sugar, which is a symptom of diabetes.

7 different multinational, randomized controlled trials of diabetes type 2 medications proved that it **fails to reduce heart disease**, the major killer of diabetic patients.

How about the severe fatigue?

Until your final days, you'll be a burden on your family and friends.

Think of how they'll suffer to see you in pain, your finances draining you. Only for you to die miserable.

Does that sound fair to you? Me neither.

**Look, I know I'm being hard on you, but if you sit there and do nothing about diabetes this is what happens.**

I don't want you to feel bad. I don't want this to happen. There's a way out of this.

The doorway to a life where you're free of diabetes is right in front of you. I've opened it for you. You only need to walk through it.

## **You Can Say Goodbye To Diabetes Type 2, Like I Did...**

You can become one of those people who succeed.

You can start enjoying life again...

You can enjoy your favorite foods and desserts again without worry.

Think about the tens of thousands of dollars you'll save when you stop your meds...

What will you spend it on? College for your kids?

The best vacation of your life?

Or even a beautiful new house?

**You can live a long, happy life...with the energy you need to do what you enjoy most.**

You can take vacations, eat at restaurants, play with your children or grandchildren.

You can be free.

All it takes is the nutritional system in this program, which I'm sending you in your risk-free copy of the **Diabetes Freedom**.

All the hard work has been done and condensed into this easy to follow program.

All that's left is to click the button and start using it.

Almost every single person who follows this program succeeds in reversing their type 2 diabetes.

And at the very least if you improve your blood sugar levels you can add a decade to your life.

**[Click the link and watch this Free video presentation to start your new future today and learn more about how to free yourself from type 2 diabetes...click here right now!](#)**



## **In case you have questions, I've collected a few of the most common ones here to answer:**

### **Does Diabetes Freedom really work?**

Yes. 9 out of 10 who follow the program have been able to reverse their diabetes. The other 10% got their blood sugar levels down to around 130 in a few weeks.

Melting fat around your pancreas means it can start producing enough insulin again, and your body can absorb and use that insulin.

Even people who only followed the program half of the time succeeded in getting their blood sugar levels under control.

Of course, you have to use the system for it to work. You've seen proof that it works. The studies, the success rate.

### **How soon can I stop taking my medication?**

Remember, I recommend you use the Diabetes Freedom to naturally reverse your diabetes, and then decide with your doctor when to go off your medication.

Professor Freeman's studies showed that within 8 weeks, over 90% of participants had lowered their blood sugar down to healthy or near normal levels. Around half reversed diabetes at 4-6 weeks. The fastest recorded was 12 days.

Depending on factors like your body type, the amount of time you've had diabetes and how committed you are to the program, most people will reverse diabetes type 2 in 4 to 8 weeks.

### **Is it scientifically proven?**

Absolutely. Diabetes Freedom is based on research at University of Utah, Texas University, Newcastle University in England, Harvard Medical School and 14 other studies from reputable institutions.

There have been studies all over the world showing that these methods can reverse your type 2 diabetes.

### **Why hasn't my doctor told me about this?**

Your doctor is most likely a good person, he or she just doesn't know about this yet. In the past we've seen it take 5-10 years before doctors start recommending treatments that are effective.

Have you got 5 years to wait? 5 years of pain and suffering. 5 years of being a burden and not knowing how long you've got left?

Other doctors have proven this method works. You've seen the proof. You can try this nutritional solution starting today with no risk.

### **How difficult is this program?**

The first step is where you have to follow closely, but like I said: if you can say no to white bread and soda for a few days, you can easily follow this nutrition plan.

If other people all over the world have successfully used these methods, you can too. Remember, once you finish the first step, the next steps are much easier.

If for some reason it doesn't work for you or even if you change your mind, just let me know, and I'll refund your money 100%.

Your new life starts now. It's time to be free from your disease.

Now that I've shown you the proof that Diabetes Freedom works, it's up to you to try it for yourself.

**[Click this link and watch this Free video presentation to learn more about how to free yourself from type 2 diabetes...click here right now!](#)**

# Free Diabetes Resources

## 1. Free Diabetes Freedom Lifestyle Recipes:

Check out our 200 Free Diabetic Recipes This free diabetic recipe ebook includes snacks, appetizers, entrees, desserts, shakes and more.

[Just click on the button that says "Free Recipes"](#)

## 2. 148 Foods That Boost Your Ketone Levels:

Check out our 148 Foods That Boost Your Ketone Levels. This free ebook includes 148 Foods that will boost your ketone levels through the roof! [And, to day we're giving it away and you can download it 100% free!](#)

[Just click on the button that says "Subscribe" in order to download it now!](#)

## 3. Free Diabetic online courses

[Check out these free courses here!](#)

## 4. How To Reverse Type 2 Diabetes Naturally

[Check out this Free Resource Page about How to Reverse Type 2 Diabetes Naturally.](#) It lists the best solutions and resources for reversing type 2 Diabetes naturally! A MUST READ for anyone struggling!